Menu: Contributor Day
Thursday 20 June 2019

Salad and Sandwich Buffet

Lamb’s lettuce
with black lentils, buckwheat, feta cheese and orange segments

Melon gazpacho
cantaloupe, watermelon, galia melon, cucumber, celery, red pepper, mint, basil and balsamic grape seed oil

Bulgur mint salad
with pomegranate seeds, chili, fresh parsley, red pepper, cucumber and spring leeks

Salad bar of leafy greens - dressed salads
with a selection of toppings and dressings and bread, rolls and butter

Wraps
Chicken, curry cabbage salad and sprout mix
or
Avocado, feta cheese, tomato and walnuts

Whole grain sandwich
with cottage cheese, asparagus and rocket/arugula

Bagel
with lemon cream cheese, salmon and wild herbs

Rustic dark bread rolls
with butter and chives