



Menu: Conference Day 1

Friday 21 June 2019

Salad and Sandwich Buffet

Romaine lettuce

with avocado, asparagus, peas, spinach and vegetable chips with lime dressing



Asian sprout salad

with glazed duck, sugar peas, Chinese cabbage, Edam beans, fresh coriander and soy marinade



Chickpea salad

with coriander-cucumber, blackberry-red cabbage, roasted chickpeas, mint, cottage cheese and falafel



Salad bar of leafy greens - dressed salads

with a selection of toppings and dressings and bread, rolls and butter



Wraps

Salmon, spinach and beetroot



or

Feta cheese and rocket/arugula



Pumpkin seed bread

with goat cheese, grilled vegetables and nut crumble



Bagel

with tomato, mozzarella and basil pesto



Rustic dark bread rolls

with liver spread and cranberries

